

## **Distressed Student Protocol**

Student distress may manifest in behavior or in the reaction the behavior elicits in others. If you notice any of the following behaviors, the Distressed Student Protocol will assist you in responding to the student and providing appropriate referrals.

**Referral identifiers include:** behavior or emotional change, social withdrawal, change in hygiene or appearance, alcohol or drug use, decline in academic performance, excessive or inappropriate anger and/or bizarre thoughts or behavior.



Is there danger to self or others?



Yes/or the student needs immediate attention



call 911 (9911 from campus) then call Campus Security 707-638-5804



Inform Associate Dean of Student Services 707-638-5938 No, or not sure, but I'm concerned



Contact Counseling Services (707) 638-5220 or email:

tuc.studenthealth@tu.edu to schedule appointments with a Touro Counselor. Afterhours call (707) 638-5292 Option 3.

If needed see these 24/7 no-cost resources:

- California Mental Health
  Hotline by calling 211
- The Crisis Text Line: Text "Home" to 741741
- National Suicide
  Prevention Lifeline:
  1-800-273-8255

No, but the student is having academic or personal issues



**Refer the student** to the appropriate support services:

**COM Assoc. Deans** 707-638-5291 Preclinical 707-638-5910 Clinical 707-638-5410 Academic

**Counseling Services/Student Health** 

707-638-5220

**Academic Support Services** 707-638-5961

Student Diversity and Inclusion

707-638-5325

**Financial Aid** 707-638-5280

Career Development 707-638-5873

Campus Security (24/7) 707-638-5804

Remember to **document** and keep **records** of your role, observations, conversations, and actions. If you are unsure what to do next, consult early and often.