

Touro University California - Integrative Medicine Symposium

Sunday, January 6th, 2019

Time	<p align="center">OMM Track</p> <p align="center"><i>Osteopathic Approach to Integrative Medicine</i></p>	<p align="center">Integrative Care Track</p> <p align="center"><i>Incorporating Integrative Medicine into Your Medical Practice</i></p>	<p align="center">Everyday Wellness Track (* no CME Credit)</p> <p align="center"><i>Incorporating Integrative Medicine into your Daily Life</i></p>
8:00AM - 8:30AM	<p align="center">Breakfast</p> <p align="center"><i>Gym</i></p>		
8:30AM - 9:30AM	<p align="center">The Microbiome: Immune Dysfunction As An Osteopathic Approach To Metabolic Syndrome</p> <p align="center">Dr. Carlisle Holland</p> <p align="center"><i>Auditorium</i></p>		
<p align="center"><i>5 min break</i></p>			
9:35AM - 10:35AM	<p align="center">Integrative Medicine for the Underserved</p> <p align="center">Dr. Connie Earl</p> <p align="center"><i>Auditorium</i></p>		
<p align="center"><i>10 min break/transition</i></p>			
10:45AM - 11:45AM	<p align="center">Intro to OMT and Basic Palpation</p> <p align="center">Dr. Victor Nuño</p> <p align="center"><i>OMM Lab</i></p>	<p align="center">Wellness Coaching</p> <p align="center">Dr. Meg Jordan</p> <p align="center"><i>LH 160</i></p>	<p align="center">Integrative Nutrition: Nourishing Body, Mind, Soul & Beyond*</p> <p align="center">Dr. Natalie Metz</p> <p align="center"><i>LH 170</i></p>
<p align="center"><i>5 min transition</i></p>			
11:50AM - 12:30PM	<p align="center">Qi Gong</p> <p align="center"><i>Location TBD</i></p>		
12:30PM - 1:30PM	<p align="center">Lunch</p> <p align="center"><i>Gym</i></p>		
1:30PM - 2:30PM	<p align="center">OMT for Stress 1</p> <p align="center">Dr. Victor Nuño</p> <p align="center"><i>OMM Lab</i></p>	<p align="center">The Challenge of Diagnosing the Complex Chronic Patient</p> <p align="center">Dr. Eric Gordon</p> <p align="center"><i>LH 160</i></p>	<p align="center">Moment by Moment: Mindfulness and Optimal Well-being*</p> <p align="center">Meckell Milburn</p> <p align="center"><i>LH 170</i></p>
<p align="center"><i>10 min break</i></p>			
2:40PM - 3:40PM	<p align="center">OMT for Stress 2</p> <p align="center">Dr. Lee Ann Cuny</p> <p align="center"><i>OMM Lab</i></p>	<p align="center">Holistic Pain Management</p> <p align="center">Dr. Nafysa Parpia</p> <p align="center"><i>LH 160</i></p>	<p align="center">Integrative Tips for Thriving in Your Daily Life*</p> <p align="center">Dr. Victor Nuño</p> <p align="center"><i>LH 170</i></p>
<p align="center"><i>10 min break/transition</i></p>			
3:50PM - 4:50PM	<p align="center">Mental Health Delivery Innovations: Psychedelic Therapy and Research</p> <p align="center">Dr. Janis Phelps</p> <p align="center"><i>Auditorium</i></p>		
4:50PM - 5:00PM	<p align="center"><i>Closing Remarks</i></p>		